



Shri Siddheshwar Devasthan Solapur,

SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.

(Affiliated to MUHS, Nashik)

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Report on Old Age Camp

Date: 10th September 2025

Venue: Nimbark Brijdham Aashram, Solapur

Organized by: Shree Siddheshwar College of Physiotherapy, Solapur

On the occasion of world physiotherapy week, an Old Age Health Camp was successfully organized at Nimbark Brijdham Aashram, Solapur in association with Shree Siddheshwar College of Physiotherapy, Solapur. The camp was conducted with the objective of promoting health awareness, providing medical and physiotherapy services, and enhancing the quality of life of the elderly residents of the ashram.

A team of faculty members Dr.Sureshkumar T, Dr.Sunilkumar T, Dr.Arundhati Bhosale, Dr.Kaustubh Jadhav, Dr.Harshada Chavhan and 10 students from the college actively participated in the event. The program included:

Physiotherapy assessments to evaluate posture, balance, mobility, and joint health

Group Exercise demonstrations focusing on flexibility, strength, and pain management

Awareness sessions on lifestyle modifications, fall prevention, and stress management

Interactive activities to promote mental well-being and social engagement

Distribution of Pamphlets and some fruits.

The 30 elderly participants showed enthusiastic involvement and expressed their gratitude for the initiative. Many reported relief from pain and stiffness after the therapy sessions. The camp also encouraged students to gain practical exposure and develop empathy towards the geriatric population.

Overall, the Old Age Camp was a great success, creating awareness about the importance of physiotherapy and holistic care in healthy ageing. The event concluded with a vote of thanks by the organizers.



Bhosale

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Principal

Shree Chilkoti...