



Shri Siddheshwar Devasthan Solapur,

## **SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.**

(Affiliated to MUHS, Nashik)

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### **Report on Physiotherapy Camp**

Organized by: Shree Siddheshwar college of Physiotherapy, Solapur

In association with: Mangal Pratap Stree Arogya Centre

Date & Time: 30th July 2025, 1 PM

Venue: Belati Village, Solapur District

A physiotherapy camp was successfully conducted on 30th July 2025 at Mangal Pratap Stree Arogya Centre. The camp aimed to promote health awareness, assess physical conditions, and provide basic physiotherapy consultation and guidance to the local community.

During the camp, a total of 23 females and a few male participants were assessed. The majority of the attendees presented with musculoskeletal complaints such as back pain, neck pain, joint stiffness, and general fatigue. Basic posture assessment, pain evaluation, and muscle strength testing were carried out for each participant.

#### **Highlights of the Camp:**

Awareness on the importance of physiotherapy in women's health.

Education on ergonomics, daily exercises, and posture correction.

Individual counselling and exercise prescription for reported issues.

Referrals were provided to those needing further intervention or follow-up care.

The camp was well-received and appreciated by the community members. Participants showed keen interest in understanding their physical health and expressed the need for more such camps in the future.

**Conclusion:** The Women's Health Camp was a commendable effort towards rural health empowerment. The event highlighted the importance of collaborative initiatives between academic institutions and health organizations. Shree Siddheshwar College of Physiotherapy, along with Mangal Pratap Stree Arogya Centre, plans to organize more such camps in the future to reach underserved communities.

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31/07/25

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# BELATI CAMP JULY 2025

