



Shri Siddheshwar Devasthan Solapur,

**SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.**

(Affiliated to MUHS, Nashik)

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### Report on Women's Health Camp at Belati Village

Organized by: Shree Siddheshwar College of Physiotherapy, Solapur

In association with: Mangal Pratap Stree Arogya Center

Date & Time: 31<sup>st</sup> October 2025, 1:00 PM

Venue: Belati Village, Solapur District

**Introduction:** A Women's Health Camp was successfully conducted at Bellati Village on 31<sup>st</sup> October 2025 at 1:00 PM. This initiative was organized by Shree Siddheshwar College of Physiotherapy, Solapur, in collaboration with Mangal Pratap Stree Arogya Center. The primary aim of the camp was to promote awareness regarding women's health issues and provide essential physiotherapy consultations and preventive care.

**Objectives of the Camp:** To provide health education to women on common gynecological and musculoskeletal problems.

To offer free physiotherapy consultation and guidance.

To encourage early detection and management of women-specific health conditions.

To spread awareness about hygiene, nutrition, and lifestyle diseases.

**Activities Conducted:** Health screening and general physical assessment of attending women

Awareness session on menstrual hygiene, postnatal care, and exercise during pregnancy

Demonstration of physiotherapy exercises for common musculoskeletal complaints like back pain, joint pain, and pelvic floor issues

One-on-one consultations with physiotherapists and health counselors

**Outcome:** The camp witnessed active participation from over 40 women of Belati village. The attendees showed keen interest in the awareness sessions and engaged in interactive discussions. Many women benefited from personalized physiotherapy advice and reported satisfaction with the guidance provided.

**Conclusion:** The Women's Health Camp was a commendable effort towards rural health empowerment. The event highlighted the importance of collaborative initiatives between academic institutions and health organizations. Shree Siddheshwar College of Physiotherapy, along with Mangal Pratap Stree Arogya Center, plans to organize more such camps in the future to reach underserved communities.



