



Shri Siddheshwar Devasthan Solapur,

**SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.**

(Affiliated to MUHS, Nashik)

City Survey No. 6095 / 4, 6095 / 69, Siddheshwar Peth, Near Panch Katta,  
Solapur - 413001. Maharashtra ■ **Phone** : 0217-2748760

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Ref. No. :

Date : 26 / 07 / 2026

**Report on Physiotherapy Service Camp during Pandharpur Wari**

**Organized by:** Shree Siddheshwar College of Physiotherapy, Solapur

**In association with:** Maharashtra Shasan & Zilla Parishad, Solapur

**Date & Time:** 23rd & 24th July 2026

**Venue:** Pandharpur, Maharashtra

**Introduction:**

Physiotherapy Service Camp was successfully conducted during the Pandharpur Wari on 23rd and 24th July 2026 at Pandharpur. This community outreach initiative was organized by Shree Siddheshwar College of Physiotherapy, Solapur, in association with Maharashtra Shasan and Zilla Parishad, Solapur. The camp aimed to provide immediate physiotherapy care to Warkaris participating in the annual pilgrimage, helping them manage musculoskeletal discomfort caused by prolonged walking while promoting the importance of physiotherapy in community healthcare. A team of 30 undergraduate physiotherapy students each day, under the supervision of faculty members, actively participated in delivering quality physiotherapy services.

**Objectives of the Camp:**

- To provide free physiotherapy assessment and treatment to Warkaris during the Pandharpur Wari.
- To reduce pain and improve mobility among pilgrims suffering from musculoskeletal conditions.
- To create awareness regarding preventive measures, posture, and self-management strategies during long-distance walking.
- To provide undergraduate physiotherapy students with practical exposure in community-based physiotherapy services.

**Activities Conducted:**

- Physiotherapy assessment of pilgrims presenting with musculoskeletal complaints.
- Pain management using appropriate physiotherapy interventions.
- Therapeutic exercises, stretching, and mobility exercises for pain relief and functional improvement.
- Patient education regarding posture correction, gait, hydration, fatigue management, and injury prevention during pilgrimage.
- Individual physiotherapy consultation and guidance for continuation of exercises and self-care.

**Outcome:**

The camp received an overwhelming response from the Warkaris. A total of **more than 500 pilgrims** were assessed and treated over the two-day camp for various conditions such as low back pain, knee pain, ankle pain, muscle cramps, plantar foot pain, generalized body ache, and muscle fatigue. The services were rendered efficiently by **30 physiotherapy students on each day** under faculty supervision. The



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beneficiaries appreciated the immediate relief and valuable guidance received, making the camp a significant contribution towards community health services during the Pandharpur Wari.

**Conclusion:**

The Physiotherapy Service Camp during the Pandharpur Wari was a highly successful community outreach initiative that demonstrated the vital role of physiotherapy in promoting health, preventing injuries, and improving the functional well-being of pilgrims. The collaboration between Shree Siddheshwar College of Physiotherapy, Solapur, Maharashtra Shasan, and Zilla Parishad, Solapur strengthened the institution's commitment to social responsibility and experiential learning. Such initiatives continue to enhance students' clinical skills while extending quality healthcare services to the community.

Coordinator

Principal

26/07/26

# वारकऱ्यांसाठी मोफत फिजिओथेरेपी शिबिर

संचार प्रतिनिधी

► सोलापूर, दि. २६-

आपाढी एकादशी वारीनिमित्त श्रीशेज पंढरपूर येथे वारकरी भाविकांच्या आरोग्यसेवेसाठी श्री सिद्धेश्वर कॉलेज ऑफ फिजिओथेरेपीच्यावतीने मोफत फिजिओथेरेपी तपासणी व उपचार शिबिराने आगोजन करण्यात आले. मुख्यमंत्री वैद्यकीय साहाय्यता कक्षा, मंत्रालय, मुंबई यांच्या समन्वयाने हे शिबिर पार पडले.

शिबिरात महाविद्यालयातील विद्यार्थी व प्राध्यापकांनी सहभाग घेत वारकरी भाविकांना फिजिओथेरेपी सेवा प्रदान केली. दोन दिवसांच्या कालावधीत एकूण ४७१ वारकरी भाविकांची तपासणी व उपचार करण्यात आले. यामध्ये ३४६ पुरुष व १२५ महिला भाविकांचा समावेश होता.

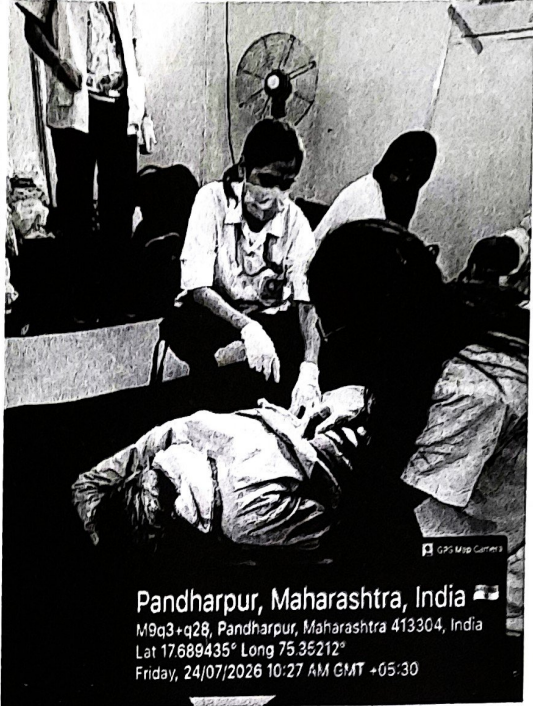
या शिबिरात तज्ज्ञ फिजिओथेरेपिस्टांकडून तपासणी, उपचार आणि आवश्यक मार्गदर्शन करण्यात आले. तसेच

'सिद्धेश्वर' फिजिओथेरेपीचा उपक्रम



योग्य व्यायाम, शरीराची योग्य ठेवण (पोझर), वेदना प्रतिबंधक उपाय आणि पुढील आरोग्य काळजीबाबत माहिती देण्यात आली. या उपक्रमामुळे वारकरी भाविकांना तातडीने वेदनाशामक उपचार मिळाल्याने त्यांचा वारीचा प्रवास अधिक सुलभ होण्यास मदत झाली. शिबिरातील सेवांचावल भाविकांनी समाधान व्यक्त करत महाविद्यालयाच्या सेवाभावी कार्याचे कौतुक

केले. या उपक्रमासाठी संस्थेचे चेअरमन घर्मराज काडारी, ट्रस्टी अॅड. आर.एस. पाटील, महादेव चाकोते, डॉ. राजेंद्र पुली, विलास कारभारी तसेच महाविद्यालयाचे प्राचार्य डॉ. सुरेशकुमार टी. यांनी प्राध्यापक व विद्यार्थ्यांचे अभिर्नंदन केले. समाजातील गरजूंपर्यंत दर्जेदार फिजिओथेरेपी सेवा पोहोचविण्यासाठी भविष्यातही अशा उपक्रमांना प्राधान्य दिले जाईल, अशी ग्वाही त्यांनी दिली.



Pandharpur, Maharashtra, India  
M9q3+q28, Pandharpur, Maharashtra 413304, India  
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