

Maharashtra University of Health Sciences, Nashik

Physiotherapy Faculty

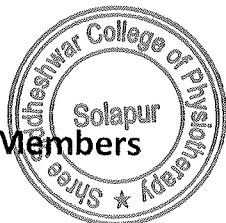
Inspection Committee Report for Academic Year 2026-2027

Attendance Details / Research Details / Welfare Scheme Details

Name of College/Institute - Shree Siddheshwar College of Physiotherapy, Solapur.

| | | |
|--|---|---|
| 1 | Attendance | } Month-wise Biometric attendance to be uploaded by the college on College Website (No hard copies of attendance to be submitted to the University) |
| | Teaching Staff | |
| | Non-Teaching Staff | |
| | Hospital Staff | |
| | UG & PG Students | |
| 2 | Project | |
| | Research Articles/publications | Yes |
| | Research Award (Student/Teacher) | Yes |
| 3 | Utilization of Student Welfare Schemes | |
| | Earn and Learn Scheme | Applied, Available |
| | Dhanwantri Vidyadhan Scheme | -- |
| | Student Safety Scheme | -- |
| | Book Bank Scheme | Applied, Available |
| | Savitribai Phule Vidyadhan Scheme | Applied, Available |
| | Bahishal Shikshan Mandal Scheme | -- |
| 4 | Sport participants/Other Activities | |
| | i) Information of Students (s) who Participated University level & State level Avishkar Competition. | -- |
| | | -- |
| | | -- |
| | ii) Information of Student(s) who participated in Regional Sport Competition & State Level Sports Competition | Yes |
| | | -- |
| | | -- |
| iii) Information of Student(s) who participated in Cultural Activities | Yes | |
| | -- | |
| | iv) Does the College have NSS Unit? | Letter sent to University |
| 5 | Whether" Swaccha Bharat Abhiyan" implemented in college. | Yes |

Verified by the LIC Committee Members



P. Anu K...
Dean/ Principal Stamp & Signature

Principal
Shree Siddheshwar College of
Physiotherapy, Solapur

Monthly Status Report (Detailed Work Duration(Four Punch))

Jan 01 2026 To Jan 31 2026

Company:

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| InTime1 | 08:59 | 08:58 | 08:50 | 09:02 | 09:00 | 09:01 | 09:01 | 09:04 | 09:02 | 08:57 | 08:56 | 08:57 | 08:49 | 08:55 | 09:37 | 09:02 | 08:34 | 08:20 | 08:05 | 08:00 | 08:44 | 08:55 | 08:57 | 09:04 | |
| OutTime | 17:46 | 17:22 | 17:05 | 17:24 | 17:09 | 17:10 | 17:36 | 17:10 | 17:10 | 17:11 | 17:20 | 10:01 | 17:25 | 17:19 | 17:23 | 19:04 | 10:01 | 17:40 | 17:19 | 17:33 | 17:19 | 17:33 | 17:19 | 17:32 | 17:12 |
| 1 | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store | Store |
| Shift | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper | Keeper |

Employee: 31 : Dr. Sakshi M. Kulkarni

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|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | A | WOP | WO | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A |
| InTime1 | 09:15 | 09:15 | 17:00 | 17:05 | 17:00 | 17:01 | 17:02 | 17:03 | 17:03 | 17:03 | 17:04 | 17:01 | 17:12 | 17:11 | 17:01 | 17:12 | 17:01 | 17:12 | 17:11 | 17:11 | 17:01 | 17:01 | 17:01 | 17:01 | 17:01 |
| OutTime | 17:00 | 17:00 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 |
| 1 | NS | PEON | NS | NS | OPD | OPD | OPD | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS |
| Shift | NS | K | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS |

Employee: 32 : Anil Mhetre

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | |
| InTime1 | 16:54 | 16:54 | 17:05 | 17:23 | 17:08 | 17:16 | 17:36 | 17:12 | 17:10 | 17:11 | 13:01 | 17:16 | 17:23 | 17:29 | 17:17 | 09:02 | 19:03 | 09:01 | 08:16 | 08:53 | 17:32 | 17:19 | 17:29 | 17:12 | 17:12 | |
| OutTime | 16:54 | 16:54 | 17:09 | 17:23 | 17:08 | 17:16 | 17:36 | 17:12 | 17:10 | 17:11 | 13:01 | 17:16 | 17:23 | 17:29 | 17:17 | 09:02 | 19:03 | 09:01 | 08:16 | 08:53 | 17:32 | 17:19 | 17:29 | 17:12 | 17:12 | |
| 1 | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK | CLERK |
| Shift | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | |

Employee: 33 : Somashankar Sarade

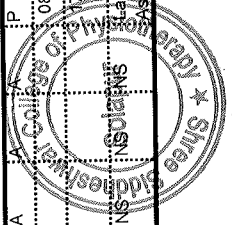
| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P |
| InTime1 | 08:59 | 08:58 | 08:50 | 09:02 | 09:00 | 09:01 | 09:04 | 09:02 | 09:02 | 08:57 | 08:56 | 10:01 | 08:49 | 08:51 | 09:02 | 19:04 | 08:20 | 08:20 | 08:00 | 08:44 | 08:55 | 08:57 | 09:04 | 09:04 | 09:04 |
| OutTime | 17:46 | 17:22 | 17:05 | 17:24 | 17:09 | 17:36 | 13:04 | 17:10 | 17:10 | 17:11 | 17:20 | 10:01 | 17:25 | 17:19 | 17:01 | 08:34 | 17:40 | 17:40 | 17:19 | 17:33 | 17:19 | 17:32 | 17:12 | 17:12 | 17:12 |
| 1 | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab |
| Shift | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst |

Employee: 34 : Pushkaraj Mhetri

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|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P |
| InTime1 | 08:59 | 08:58 | 08:50 | 09:02 | 09:00 | 09:01 | 09:04 | 09:02 | 09:02 | 08:57 | 08:56 | 10:01 | 08:49 | 08:51 | 09:02 | 19:04 | 08:20 | 08:20 | 08:00 | 08:44 | 08:55 | 08:57 | 09:04 | 09:04 | 09:04 |
| OutTime | 17:46 | 17:22 | 17:05 | 17:24 | 17:09 | 17:36 | 13:04 | 17:10 | 17:10 | 17:11 | 17:20 | 10:01 | 17:25 | 17:19 | 17:01 | 08:34 | 17:40 | 17:40 | 17:19 | 17:33 | 17:19 | 17:32 | 17:12 | 17:12 | 17:12 |
| 1 | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab |
| Shift | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst |

Employee: 35 : Sharan Wangi

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P | P |
| InTime1 | 08:59 | 08:58 | 08:50 | 09:02 | 09:00 | 09:01 | 09:04 | 09:02 | 09:02 | 08:57 | 08:56 | 10:01 | 08:49 | 08:51 | 09:02 | 19:04 | 08:20 | 08:20 | 08:00 | 08:44 | 08:55 | 08:57 | 09:04 | 09:04 | 09:04 |
| OutTime | 17:46 | 17:22 | 17:05 | 17:24 | 17:09 | 17:36 | 13:04 | 17:10 | 17:10 | 13:11 | 17:20 | 10:01 | 17:25 | 17:19 | 17:01 | 08:34 | 17:40 | 17:40 | 17:19 | 17:33 | 17:19 | 17:32 | 17:12 | 17:12 | 17:12 |
| 1 | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab | Lab |
| Shift | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst | Asst |



Principal

Shree Siddheshwar College of
Physiotherapy, Solapur

Monthly Status Report (Detailed Work Duration(Four Punch))

Jan 01 2026 To Jan 31 2026

Company: SSCOP

Student: 45 : Sudhir Patil

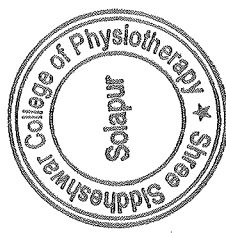
| Status | A | P | WOP | WO | P | P | P | P | P | WOP | WO | P | P | P | P | P | P | WOP | WO | P | P | P | P | P | P | |
|---------|-------|---------|-------|---------|---------|---------|---------|-------|-------|---------|-------|---------|---------|---------|---------|---------|---------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| InTime | 09:09 | 09:04 | 09:05 | 09:08 | 09:04 | 08:59 | 09:14 | 09:13 | 08:56 | 09:11 | 08:57 | 08:58 | 09:02 | 08:57 | 09:12 | 08:55 | 08:57 | 09:05 | 08:58 | 09:05 | 08:55 | 08:58 | 09:05 | 08:55 | 08:56 | 09:11 |
| OutTime | 17:09 | 17:16 | 17:14 | 17:20 | 17:19 | 17:09 | 17:07 | 17:15 | 17:13 | 17:19 | 17:05 | 17:18 | 17:20 | 17:14 | 17:12 | 17:17 | 17:19 | 17:14 | 17:14 | 17:14 | 17:17 | 17:20 | 17:19 | 17:20 | 17:36 | 17:05 |
| Shift | NS | Student | NS | Student | Student | Student | Student | NS | NS | Student | NS | Student | Student | Student | Student | Student | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student |

Student: 46 : Mayuri Singam

| Status | P | P | WOP | WO | A | A | A | A | A | WOP | WO | P | P | P | P | P | P | WOP | WO | P | P | P | P | P | P | |
|---------|---------|---------|-----|----|----|----|----|----|----|---------|-------|---------|---------|---------|---------|-------|-------|---------|----|---------|-------|-------|-------|-------|-------|-------|
| InTime | 09:05 | 09:00 | | | | | | | | 08:56 | 09:04 | 08:55 | 08:59 | 09:03 | 09:04 | 09:04 | 09:04 | | | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:09 |
| OutTime | 17:08 | 17:05 | | | | | | | | 17:12 | 17:16 | 17:06 | 17:16 | 17:14 | 17:19 | | | | | | | | | | | |
| Shift | Student | Student | NS | NS | NS | NS | NS | NS | NS | Student | NS | Student | Student | Student | Student | NS | NS | Student | NS | Student | NS | NS | NS | NS | NS | NS |

Student: 47 : Akila Vagati

| Status | P | P | WOP | WO | P | P | P | P | P | WOP | WO | P | P | P | P | P | P | WOP | WO | P | P | P | P | P | P | |
|---------|---------|---------|---------|---------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|---------|---------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| InTime | 08:55 | 09:12 | 09:13 | 08:55 | 08:57 | 08:57 | 08:58 | 09:12 | 08:58 | 08:56 | 08:59 | 08:55 | 09:10 | 09:04 | 08:56 | 08:59 | 09:00 | 08:56 | 08:56 | 08:56 | 08:56 | 08:58 | 08:58 | 08:55 | 08:55 | 09:09 |
| OutTime | 17:09 | 17:17 | 17:05 | 17:13 | 17:16 | 17:08 | 17:16 | 17:05 | 17:08 | 17:15 | 17:16 | 17:16 | 17:13 | 17:08 | 17:16 | 17:13 | 17:12 | 17:15 | 17:15 | 17:15 | 17:15 | 17:15 | 17:15 | 17:14 | 17:07 | 17:17 |
| Shift | Student | Student | Student | Student | Student | Student | Student | Student | NS | Student | NS | Student | Student | Student | Student | Student | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student |



(Signature)
Principal
Shree Siddheshwar College of
Physiotherapy, Solapur

Monthly Status Report (Detailed Work Duration(Four PUNCH))

Feb 01 2026 To Feb 28 2026

Company: SSCOP

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------|-----|-----|-----|-----|------|-----|-----|-----|-----|------|------|-------|------|------|------|------|------|------|-------|------|------|------|------|------|------|-------|------|------|
| Days | 1 S | 2 M | 3 T | 4 W | 5 Th | 6 F | 7 S | 8 S | 9 M | 10 T | 11 W | 12 Th | 13 F | 14 S | 15 S | 16 M | 17 T | 18 W | 19 Th | 20 F | 21 S | 22 S | 23 M | 24 T | 25 W | 26 Th | 27 F | 28 S |
|------|-----|-----|-----|-----|------|-----|-----|-----|-----|------|------|-------|------|------|------|------|------|------|-------|------|------|------|------|------|------|-------|------|------|

Department: Default

Employee: 1 : Dr Sureshkumar T

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|----------|-------|---------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|----|------------------|------------------|------------------|------------------|-------|------------------|------------------|------------------|------------------|-------|------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|
| Status | A | P | P | P | P | P | P | WO | WO | WO | WO | WO | P | P | P | P | P | P | P | A | P | WO | WO | P | P | P | P | P | P | P |
| InTime1 | 09:21 | 09:12 | 09:16 | 09:16 | 09:11 | 09:29 | 09:29 | 18:33 | 09:26 | | | | 09:06 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:29 | 09:29 | 09:10 | 09:06 | 17:56 | 09:05 | 18:13 | 09:02 | 09:10 | | |
| OutTime1 | 17:20 | 17:26 | 17:21 | 17:28 | 17:13 | 15:27 | 17:27 | | | | | 18:43 | 18:14 | 18:58 | 17:13 | 17:23 | 17:37 | 17:21 | 17:28 | 17:45 | 18:43 | 17:37 | 17:37 | 17:21 | 17:28 | 17:45 | 18:43 | 17:37 | | |
| Shift | NS | Asst/As so.Prof. | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr |

Employee: 2 : Dr.Murali S.

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|----------|-------|---------------------|------------------|-------|------------------|------------------|------------------|------------------|------------------|----|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|-------|------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|
| Status | A | P | P | P | P | P | P | WO | WO | WO | WO | WO | P | P | P | P | P | P | P | A | P | WO | WO | P | P | P | P | P | P | |
| InTime1 | 09:22 | 09:12 | 09:27 | 09:04 | 17:27 | 09:29 | 17:27 | 09:26 | | | | 09:06 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:16 | 09:11 | 09:15 | 09:18 | 09:16 | 09:16 | 09:11 | 09:29 | | |
| OutTime1 | 17:20 | 17:28 | 17:16 | 17:28 | 17:16 | 17:12 | 17:06 | 17:19 | | | | 17:25 | 17:21 | 17:23 | 17:23 | 17:23 | 17:23 | 17:23 | 17:23 | 17:23 | 09:05 | 17:13 | 17:09 | 17:11 | 17:07 | 17:08 | 17:13 | 15:27 | | |
| Shift | NS | Asst/As so.Prof. | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr |

Employee: 3 : Dr.Muralidharan CK

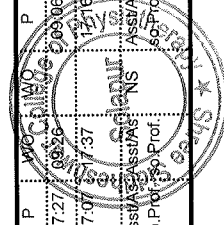
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------|-------|---------------------|------------------|-------|------------------|------------------|------------------|------------------|------------------|----|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|-------|------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|
| Status | A | P | P | P | P | P | P | WO | WO | WO | WO | WO | P | P | P | P | P | P | P | A | P | WO | WO | P | P | P | P | P | P | | |
| InTime1 | 09:22 | 09:12 | 09:13 | 09:06 | 09:08 | 09:08 | 17:27 | 09:26 | | | | 09:06 | 09:06 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:06 | 09:16 | 09:11 | 09:06 | 09:14 | 09:15 | 09:13 | 09:02 | 09:16 | | |
| OutTime1 | 17:20 | 17:27 | 17:08 | 17:05 | 17:01 | 17:01 | 17:16 | 17:13 | | | | 17:24 | 17:24 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:37 | 17:05 | 12:48 | 12:02 | 17:05 | 12:48 | 12:02 | 17:15 | 17:07 | | |
| Shift | NS | Asst/As so.Prof. | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr |

Employee: 4 : Dr.Pallavi Dangat

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|----------|-------|---------------------|------------------|-------|------------------|------------------|------------------|------------------|------------------|----|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|-------|------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|
| Status | A | P | P | P | P | P | P | WO | WO | WO | WO | WO | P | P | P | P | P | P | P | A | P | WO | WO | P | P | P | P | P | P | P | | |
| InTime1 | 09:22 | 09:12 | 09:13 | 09:13 | 09:00 | 09:00 | 17:27 | 09:26 | | | | 09:06 | 09:08 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:11 | 09:29 | | | |
| OutTime1 | 17:20 | 17:27 | 17:28 | 17:08 | 17:12 | 17:12 | 17:16 | 13:04 | | | | 17:08 | 17:24 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:13 | 15:27 | | | |
| Shift | NS | Asst/As so.Prof. | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr |

Employee: 5 : Dr. Diksha Aage

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|----------|-------|---------------------|------------------|-------|------------------|------------------|------------------|------------------|------------------|----|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|-------|------------------|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|
| Status | A | P | P | P | P | P | P | WO | WO | WO | WO | WO | P | P | P | P | P | P | P | A | P | WO | WO | P | P | P | P | P | P | P | | |
| InTime1 | 09:23 | 09:12 | 09:13 | 09:16 | 09:11 | 09:11 | 17:27 | 09:26 | | | | 09:06 | 09:06 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:04 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:16 | 09:11 | 09:29 | | | |
| OutTime1 | 17:20 | 17:27 | 17:13 | 17:26 | 17:13 | 17:13 | 17:07 | 13:04 | | | | 17:08 | 17:24 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:28 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:08 | 17:13 | 15:27 | | | |
| Shift | NS | Asst/As so.Prof. | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | NS | Asst/As so.Pr | NS | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr | Asst/As so.Pr |



Monthly Status Report (Detailed Work Duration(Following))

Feb 01 2026 To Feb 28 2026

Company: SSCOP

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| OutTime1 | 17:10 | 17:06 | 17:03 | 17:10 | 17:03 | 17:06 | 17:10 | 17:03 | 16:36 | 17:21 | 16:31 | 13:58 | 16:30 | 16:30 | 16:31 | 17:25 | 17:09 | 18:44 |
| Shift | NS | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. | Asst/Asso.Prof. |

Employee: 24 : Mrs.Anjali Jadhav

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | WO | P | P | P | P | P | P | P | P | P | P | A | A | WOP | WO | P | P | P |
| InTime1 | 08:57 | 08:54 | 09:03 | 09:01 | 09:02 | 09:04 | 09:06 | 09:03 | 08:59 | 08:58 | 09:04 | 08:27 | 08:27 | 08:30 | 08:30 | 08:31 | 08:32 | 08:27 |
| OutTime1 | 17:16 | 17:24 | 17:13 | 17:27 | 17:18 | 17:24 | 17:25 | 17:36 | 17:48 | 17:22 | 17:30 | 16:30 | 16:30 | 16:31 | 16:31 | 16:31 | 16:30 | 16:30 |
| Shift | NS | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | PEON | NS | PEON | PEON | PEON |

Employee: 25 : Mrs.Ambu Katame

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | WO | P | P | A | P | WOP | WO | P | P | P | P | A | P | WOP | WO | P | P | P |
| InTime1 | 08:10 | 08:17 | 08:17 | 08:19 | 08:19 | 08:59 | 08:21 | 08:30 | 08:25 | 08:28 | 08:28 | 08:57 | 08:58 | 09:02 | 09:01 | 09:01 | 09:01 | 08:59 |
| OutTime1 | 08:10 | 08:17 | 08:17 | 16:31 | 17:16 | 17:16 | 08:21 | 08:30 | 08:25 | 08:28 | 08:27 | 15:20 | 17:31 | 18:43 | 17:29 | 17:28 | 18:16 | 17:38 |
| Shift | NS | PEON | PEON | NS | PEON | PEON | NS | PEON | PEON | NS | PEON | PEON | PEON | NS | PEON | NS | PEON | PEON |

Employee: 26 : Mrs.Gouri Maindargikar

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | WO | P | P | P | P | WOP | WO | P | P | P | P | A | P | WOP | WO | P | P | P |
| InTime1 | 08:50 | 08:58 | 08:59 | 08:57 | 09:00 | 08:59 | 08:48 | 08:58 | 09:02 | 09:00 | 08:58 | 08:59 | 08:55 | 08:56 | 19:01 | 09:00 | 09:01 | 08:59 |
| OutTime1 | 17:23 | 17:33 | 17:16 | 17:27 | 17:18 | 17:18 | 17:59 | 17:17 | 17:49 | 16:36 | 17:30 | 18:19 | 18:45 | 17:52 | 17:26 | 17:02 | 18:03 | 17:52 |
| Shift | NS | PEON | PEON | PEON | PEON | NS | PEON | PEON | PEON | NS | PEON | PEON | PEON | PEON | NS | PEON | PEON | PEON |

Employee: 27 : Mrs.Aarti Patil

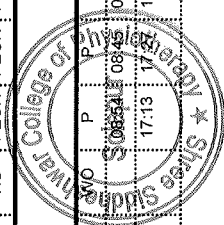
| | | | | | | | | | | | | | | | | | | |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Status | WO | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A |
| InTime1 | | | | | | | | | | | | | | | | | | |
| OutTime1 | | | | | | | | | | | | | | | | | | |
| Shift | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS |

Employee: 28 : Ambika Katame

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | WO | P | P | P | P | A | WOP | WO | P | P | P | A | P | WOP | WO | A | P | P |
| InTime1 | 08:31 | 08:19 | 08:19 | 08:25 | 08:50 | 08:32 | 08:32 | 08:29 | 08:29 | 08:28 | 08:28 | 08:22 | 08:19 | 08:21 | 08:30 | 08:10 | 08:23 | 08:29 |
| OutTime1 | 16:30 | 16:29 | 16:29 | 17:02 | 17:05 | 16:31 | 16:31 | 16:30 | 16:31 | 16:31 | 16:31 | 18:44 | 18:42 | 18:59 | 18:06 | 16:30 | 16:29 | 17:02 |
| Shift | NS | PEON | PEON | PEON | NS | PEON | NS | PEON | PEON | NS | PEON | PEON | PEON | PEON | NS | PEON | PEON | PEON |

Employee: 30 : Mr.Aniruddha

| | | | | | | | | | | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Status | WO | P | P | P | P | A | WOP | WO | P | P | P | A | P | WOP | WO | P | P | P |
| InTime1 | 08:56 | 08:46 | 08:58 | 08:54 | 08:47 | 08:47 | 08:47 | 08:52 | 08:52 | 08:46 | 08:59 | 08:33 | 08:54 | 08:54 | 08:51 | 08:53 | 08:53 | 08:51 |
| OutTime1 | 17:15 | 17:02 | 17:04 | 17:33 | 17:09 | 17:38 | 17:14 | 17:30 | 17:45 | 17:45 | 17:02 | 17:02 | 17:13 | 17:42 | 17:40 | 17:31 | 17:24 | 17:09 |
| Shift | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS | NS |



Monthly Status Report (Detailed Work Duration(Four Punch))

Feb 01 2026 To Feb 28 2026

Company: SSCOP

| Days | 1 S | 2 M | 3 T | 4 W | 5 Th | 6 F | 7 S | 8 S | 9 M | 10 T | 11 W | 12 Th | 13 F | 14 S | 15 S | 16 M | 17 T | 18 W | 19 Th | 20 F | 21 S | 22 S | 23 M | 24 T | 25 W | 26 Th | 27 F | 28 S |
|------|-----|-----|-----|-----|------|-----|-----|-----|-----|------|------|-------|------|------|------|------|------|------|-------|------|------|------|------|------|------|-------|------|------|
|------|-----|-----|-----|-----|------|-----|-----|-----|-----|------|------|-------|------|------|------|------|------|------|-------|------|------|------|------|------|------|-------|------|------|

Department: Default

Student: 40 : Siddhant Gaikwad

| Status | WO | P | P | P | A | WO | WO | A | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO |
|----------|----|---------|---------|---------|---------|----|----|-------|---------|-------|-------|-------|-------|----|---------|---------|----|----|---------|---------|----|---------|---------|---------|---------|---------|---------|---------|---------|----|
| InTime1 | | 08:57 | 09:02 | 09:06 | 09:04 | | | | 14:01 | 08:56 | 09:04 | 09:15 | 09:10 | | 08:56 | 09:09 | | | 09:11 | | | 09:10 | 09:02 | 09:04 | 09:01 | 08:55 | 08:58 | | | |
| OutTime1 | | 17:18 | 17:18 | 17:05 | 17:16 | | | 17:06 | 17:06 | 17:08 | 17:19 | 17:08 | 17:18 | | 17:08 | 17:12 | | | 17:05 | | | 17:10 | 17:08 | 17:05 | 17:10 | 17:17 | 17:07 | | | |
| Shift | NS | Student | Student | Student | Student | NS | NS | NS | Student | NS | NS | NS | NS | NS | Student | Student | NS | NS | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student | Student | |

Student: 41 : Shweta Gire

| Status | WO | P | P | P | A | WO | WO | A | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO |
|----------|----|---------|---------|---------|---------|---------|----|-------|---------|---------|---------|---------|---------|----|---------|---------|---------|----|---------|---------|----|---------|---------|---------|---------|---------|---------|---------|---------|----|
| InTime1 | | 09:01 | 08:57 | 09:06 | 09:14 | 08:57 | | | 09:13 | 08:59 | 08:58 | 08:59 | 09:04 | | 08:57 | 08:56 | 09:08 | | 09:04 | | | 08:56 | 08:58 | 09:14 | 09:04 | 08:56 | 09:12 | | | |
| OutTime1 | | 17:16 | 17:13 | 17:17 | 17:05 | 17:18 | | 17:12 | 17:12 | 17:10 | 17:19 | 17:17 | 17:07 | | 17:09 | 17:05 | 17:19 | | 17:15 | | | 17:08 | 17:08 | 17:17 | 17:07 | 17:05 | 17:15 | | | |
| Shift | NS | Student | Student | Student | Student | Student | NS | NS | Student | Student | Student | Student | Student | NS | Student | Student | Student | NS | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student | Student | |

Student: 42 : Sanket Hannure

| Status | WO | P | P | P | A | WO | WO | A | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO |
|----------|----|---------|---------|---------|---------|---------|----|-------|---------|---------|---------|---------|---------|----|---------|---------|---------|----|---------|---------|----|---------|---------|---------|---------|---------|---------|---------|---------|----|
| InTime1 | | 09:14 | 08:55 | 08:56 | 08:55 | 09:10 | | | 09:11 | 09:04 | 08:56 | 08:56 | 08:59 | | 09:05 | 08:55 | 08:57 | | 09:05 | | | 09:04 | 08:55 | 09:10 | 08:55 | 09:03 | 09:07 | | | |
| OutTime1 | | 17:13 | 17:06 | 17:14 | 17:08 | 17:16 | | 17:19 | 17:19 | 17:17 | 17:07 | 17:19 | 17:19 | | 17:20 | 17:07 | 17:19 | | 17:12 | | | 17:10 | 17:06 | 17:07 | 17:15 | 17:06 | 17:16 | | | |
| Shift | NS | Student | Student | Student | Student | Student | NS | NS | Student | Student | Student | Student | Student | NS | Student | Student | Student | NS | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student | Student | |

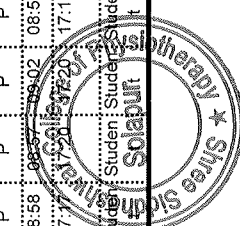
Student: 43 : Diksha Kadam

| Status | WO | P | P | P | A | WO | WO | A | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO |
|----------|----|---------|---------|---------|---------|---------|----|-------|---------|---------|---------|---------|---------|---------|----|---------|---------|---------|----|---------|---------|----|---------|---------|---------|---------|---------|---------|---------|---------|
| InTime1 | | 09:03 | 09:05 | 09:07 | 09:07 | 08:58 | | | 08:56 | 09:11 | 09:10 | 09:03 | 08:55 | 08:57 | | 08:59 | 08:56 | 08:57 | | 09:12 | | | 08:56 | 09:04 | 08:59 | 09:02 | 09:10 | | | |
| OutTime1 | | 17:07 | 17:10 | 17:06 | 17:12 | 17:07 | | 17:16 | 17:16 | 17:16 | 17:11 | 17:18 | 17:11 | 17:13 | | 17:08 | 17:14 | 17:20 | | 17:19 | | | 17:17 | 17:18 | 17:11 | 17:19 | 17:05 | 17:13 | | |
| Shift | NS | Student | Student | Student | Student | Student | NS | NS | Student | Student | Student | Student | Student | Student | NS | Student | Student | Student | NS | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student | Student |

Student: 44 : Rutika Kshirsagar

| Status | WO | P | P | P | A | WO | WO | A | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO | WO |
|----------|----|---------|---------|---------|---------|---------|----|-------|---------|---------|---------|---------|---------|----|---------|---------|---------|----|---------|---------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| InTime1 | | 08:55 | 09:06 | 09:13 | 09:02 | 09:07 | | | 09:07 | 08:58 | 08:58 | 08:52 | 08:56 | | 08:55 | 08:55 | 08:57 | | 09:15 | | | 08:57 | 08:57 | 08:57 | 08:58 | 08:57 | 09:09 | 08:59 | | |
| OutTime1 | | 17:09 | 17:14 | 17:09 | 17:12 | 17:20 | | 17:16 | 17:16 | 17:17 | 17:20 | 17:16 | 17:16 | | 17:10 | 17:11 | 17:10 | | 17:19 | | | 17:06 | 17:20 | 17:06 | 17:06 | 17:07 | 17:05 | 17:15 | | |
| Shift | NS | Student | Student | Student | Student | Student | NS | NS | Student | Student | Student | Student | Student | NS | Student | Student | Student | NS | Student | Student | NS | Student | Student | Student | Student | Student | Student | Student | Student | Student |

Principal
Siddhant Gaikwad
Siddhant Gaikwad
Physiotherapy, Solapur





Shri Siddheshwar Devasthan Solapur,
Shree Siddheshwar College of Physiotherapy, Solapur

City Survey No.6095/4, Plot No.14,15,16 and City Survey No.6095/69, Siddheshwar Peth
Near Panch Katta, Solapur. District -Solapur. State- Maharashtra. Pin Code-413001
Email Id:-ssamchsol@gmail.com Website :-www.sscop.edu.in

SSCOP/2025/ 176

Date – 18/09/2025

प्रति,

कुलगुरु,

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ,

नाशिक.

विषय: सावित्रीबाई फुले मुलींसाठी शिष्यवृत्ती योजना व अर्न व्हाईल लर्न योजना संदर्भात विद्यार्थ्यांचे अर्ज सादर करण्याबाबत.

महोदय,

सदर विषयानुसार कळविण्यात येते की, श्री सिद्धेश्वर कॉलेज ऑफ फिजिओथेरपी, सोलापूर येथील पात्र विद्यार्थिनी व विद्यार्थ्यांचे अर्ज खालील योजनांसाठी आवश्यक कागदपत्रांसह संलग्न करण्यात येत आहेत.

- १ .सावित्रीबाई फुले मुलींसाठी शिष्यवृत्ती योजना
- २ .अर्न व्हाईल लर्न योजना

वरील अर्ज आवश्यक ती कार्यवाही करण्यासाठी सादर करत आहोत.

संलग्नक:

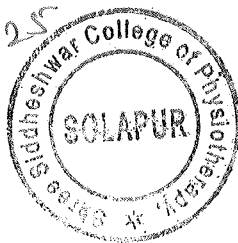
- १ .सावित्रीबाई फुले मुलींसाठी शिष्यवृत्ती योजनेचे अर्ज
- २ .अर्न व्हाईल लर्न योजनेचे अर्ज
- ३ .संबंधित पुरावे

आपण याची नोंद घ्यावी व आवश्यक ती कार्यवाही करावी, ही विनंती.

आपला विश्वासू,


18/09/2025

PRINCIPAL
Shree Siddheshwar College
of Physiotherapy, Solapur



Selection List of Students for Earn While Learn Yojna

| Sr. No | Name of Student | Annual Income | Previous Year % | Previous Exam Attempts | Requirement fulfilled | Remark |
|--------|-------------------|--------------------------------|-----------------|------------------------|-----------------------|--------------|
| 1 | Gaikwad Akanksha | 50000 (2023-24) | 66 | 1 | No | Not Selected |
| 2 | Shaikh Rumesa | 60000 | 72.17 | 1 | Yes | Selected |
| 3 | Mhatre Janhvi | 60000 | 69 | 1 | Yes | Selected |
| 4 | Belgaum Zahara | 70000 | 75 | 1 | Yes | Selected |
| 5 | Kundaram Sharda | 70000 | 71 | 1 | Yes | Selected |
| 6 | Shaikh Afiya | 70000 (2023-24) | 71 | 1 | No | Not Selected |
| 7 | Tigalpalli Sakshi | 70000 (2023-24) | 69 | 1 | No | Not Selected |
| 8 | Gaikwad Nakul | 70000 | 66 | 1 | Yes | Selected |
| 9 | Vagati Akila | 70000 | 65 | 1 | Yes | Not Selected |
| 10 | Kore Akanksha | 70000 | 63 | 1 | Yes | Not Selected |
| 11 | Singam Mayuni | 70000 | 59 | 1 | Yes | Not Selected |
| 12 | Patki Swarali | 80000 | 74 | 1 | Yes | Not Selected |
| 13 | Telagu Harshada | 80000 | 73 | 1 | Yes | Not Selected |
| 14 | Bhalerao Sneha | 80000 | 63 | 1 | Yes | Not Selected |
| 15 | Ronge Atharva | 95000 | 69 | 1 | Yes | Not Selected |
| 16 | Musale Mahesh | 140000(2023-24) | 72 | 1 | No | Not Selected |
| 17 | Bansode Pranoti | 311637 (Mhada Yojana)Not Valid | 86 | 1 | No | Not Selected |

Note - As per MUHS Earn While Learn Yojana guidelines only 5 students are selected to avail the scheme.



R. Anurag
13/01/25

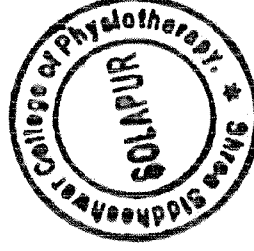
PRINCIPAL
Shree Siddheshwar College
of Physiotherapy, Solapur



Selection List of Students for Savitribai Phulee Girls Scholarship Yojna

| Sr. No | Name of Student | Annual Income | Previous Year % | Previous Exam Attempts | Requirment fulfilled | Remark |
|--------|---------------------------|---------------|-----------------|------------------------|----------------------|--------------|
| 1 | Nadaf Dilshad Mahibub | 70000 | 86 | One Attempts | Yes | Selected |
| 2 | Vagati Akila Mahadev | 70000 | 64.8 | One Attempts | Yes | Selected |
| 3 | Yadav Pradnya Santosh | 70000 | 61 | One Attempts | Yes | Selected |
| 4 | Singam Mayuri Shridhar | 70000 | 59.4 | One Attempts | Yes | Not Selected |
| 5 | Shivpuje Kanaklata Pramod | 178800 | 87.17 | One Attempts | Yes | Not Selected |
| 6 | Shaikh Saniya Qasimali | 260543 | | One Attempts | Yes | Not Selected |

Note - As per MUHS Earn While Learn Yojana guidelines only 3 students are selected to avail the scheme.



R. Anurag
17/09/25

PRINCIPAL
Shree Siddheshwar College
of Physiotherapy, Solapur

Savitribai Phule Girls Scholarship Yojana

* College [162120] Shree Siddheshwar ... * Academic Year 2025 - 2026 * Notification Savitribai Phule Scheme

[Back](#)

Notification is expired

Scheme Criteria : The eligibility criteria of students who are eligible to apply for this scheme is shown below

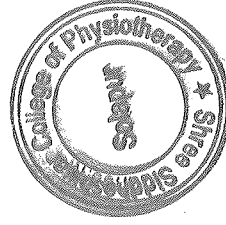
NRI : No **Intern : No** **OMS : No** **Gender : Females only** **Management Quota : Any** **Stipend Earner : No**
Annual Income (₹) : 800000 **Course Type : Under Graduate, Post Graduate**

| <input type="checkbox"/> | Enrollment No. | Student Name | Gender | Annual Income(₹) | Category | Sub Category | Course Type | Status | Type to Search |
|--------------------------|-----------------|-----------------------|--------|------------------|------------------------|--------------|----------------|----------------------|----------------|
| <input type="checkbox"/> | > EAB0120221604 | VAGATI AKILA MAHADEV | Female | 70000.00 | Special Backward... | | Under Graduate | Sent to Universit... | X Export |
| <input type="checkbox"/> | > T-... | NADAF DILSHAD MAHIBUB | Female | 70000.00 | Other Backward Classes | OBC | Under Graduate | Sent to Universit... | |
| <input type="checkbox"/> | > T-... | YADAV PRADNYA... | Female | 70000.00 | Other Backward Classes | OBC | Under Graduate | Sent to Universit... | |

Showing 1-3 of 3 entries

< Prev 1 Next > 1 - 1 1 Go

Showing 10 entries



T. Phule
Principal
 Shree Siddheshwar College of
 Physiotherapy, Solapur



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक Maharashtra University of Health Sciences, Nashik

वणी दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004
Tel : (0253) 2539172/169/171/171 Student Helpline : 0253-2539111/6659111
Website: www.muhs.ac.in, E-mail: sw@muhs.ac.in

डॉ. देवेंद्र शेषराव पाटील
म.डी. (होमिओपॅथी)
संचालक, विद्यार्थी कल्याण

Dr. Devendra Sheshrao Patil
M.D. (Homoeopathy)
Director, Student Welfare


O.No. MUHS/SW/Sports/ 13 /2026

Date. 01/01/2026

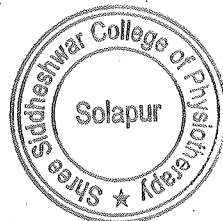
प्रति,
अधिष्ठाता/प्राचार्य,
श्री सिध्देश्वर भौतिकोपचार महाविद्यालय,
सोलापुर ४१३००१

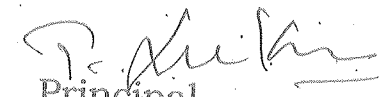
विषय : पश्चिम विभागीय अंतर विद्यापीठ योगा स्पर्धा - महिला २०२५ -२६ क्रीडा स्पर्धा

- भारतीय विद्यापीठ संघामार्फत पश्चिम विभागीय आंतर विद्यापीठ योगा स्पर्धा - पुरुष क्रीडा स्पर्धा आयोजन S-VYASA University, Bengaluru दि.०५ ते ०९ जानेवारी २०२६ या कालावधीत दरम्यान या कालावधीत आयोजित करण्यात आली आहे.
- उक्त नमूद स्पर्धेमध्ये विद्यापीठाचा संघ सहभागी होणार असून सदर संघामध्ये आपल्या महाविद्यालयातील विद्यार्थ्यांची निवड करण्यात आलेली आहे. सोबत खेळाडू विद्यार्थ्यांची यादी परीशिष्ट "अ" जोडण्यात आलेली आहे.
- निवड करण्यात आलेल्या खेळाडू विद्यार्थ्यांने सदर स्पर्धेत सहभाग होण्याच्या दृष्टीने स्पर्धेपूर्वी ०९ जानेवारी २०२६ रोजी उक्त नमूद स्पर्धेच्या ठिकाणी उपस्थित रहावे व संघ व्यवस्थापक प्रा भारती पेंडाम (क्रीडा शिक्षक) यांना संपर्क करावा. (संघ व्यवस्थापक यांचा भ्रमनध्वनी क्र. ८२३७३७३६५५) यांना संपर्क करावा.
- खेळाडू विद्यार्थ्यांने स्पर्धेच्या ठिकाणी पोहचल्यानंतर संघ व्यवस्थापक यांच्याकडे दोन पासपोर्ट आकाराचे फोटो सुपुर्द करावे. तसेच, स्वतःचे महाविद्यालयाचे ओळखपत्र, हलके अंथरुण, योग्य कपडे आणि इतर आवश्यक वस्तु सोबत आणावेत.
- विद्यापीठ नियमानुसार खेळाडू विद्यार्थ्यांला प्रवास भत्ता व दैनिक भत्ता अदा करण्यात येईल.
- स्पर्धा संपन्न झाल्यानंतर खेळाडू विद्यार्थ्यांने प्रवास खर्चाच्या प्रतिपुर्तीसाठी मुळ तिकीट संघ व्यवस्थापकाकडे सुपुर्द करावे.


संचालक,
विद्यार्थी कल्याण

प्रत माहीतीस्तव : Gayatri Maske




Principal
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Dr. Chintanam S Deshpande
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Details of the supervisor and department

| | |
|------------------|---|
| Supervisors name | Dr. Senthil Purushothaman (Prof and HOD Dept of Physiotherapy) |
| Co Guide name | Dr. T. Sureshkumar |
| Programme | Part time Ph.D. |
| Department | Physiotherapy |
| Institution | Shree siddheshwar College of Physiotherapy, Solapur, Maharashtra |
| Date | 8 May 2025 |

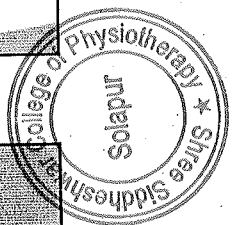
Effect of ELSE Protocol and Scapular stabilization exercises on dynamic postural control, cognitive functions and mental fatigue in Overhead Athlete

Problem statement

Overhead athletes are required to perform complex, high-velocity movements that demand optimal shoulder function, postural stability, and cognitive sharpness under fatigue. However, repetitive overhead activity often leads to scapular dysfunction, compromised postural control, increased mental fatigue, and impaired cognitive performance — all of which can negatively affect both performance and injury risk. While various training protocols exist to address these deficits, there is limited comparative evidence evaluating the effectiveness of two commonly used interventions: the Eccentric Loaded Scapular Exercise (ELSE) Protocol and traditional Scapular Stabilization Exercises (SSE). Understanding which protocol better enhances dynamic postural control, cognitive function, and mitigates mental fatigue is essential for developing sport-specific, evidence-based training strategies for overhead athletes.

Research Question

Does the ELSE protocol improve dynamic postural control, cognitive functions, and reduce mental fatigue more effectively than scapular stabilization exercises in overhead athletes?



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Comparison of task-oriented cardio-respiratory conditioning training and aerobic training on cardiorespiratory endurance and exercise adherence in sedentary adults – A randomized controlled trial

Ph.D. Research & Recognition Committee Presentation

Submitted by: Tadi Sunil Kumar

Guide: Dr. Zafar Azeem, Ph.D.

Dr. D. Y. Patil College of Physiotherapy, Pune

Introduction

- Sedentary lifestyle is a major global public health concern, associated with reduced cardiorespiratory fitness and functional capacity (Owen N et al.).
- WHO identifies physical inactivity as a leading risk factor for mortality
- Despite recommendations of 150–300 min/week of moderate aerobic activity, adherence remains low among adults (WHO).
- Reduced functional capacity is associated with fatigue, reduced work productivity, and higher cardiovascular risk (Kodama S et al.).

- Conventional aerobic exercises (walking, cycling, treadmill training) improve cardiorespiratory fitness but **show poor long-term adherence** due to monotony and limited functional relevance (Garber CE et al.).
- Task-oriented training focuses on **goal-directed, context-specific functional activities** resembling daily tasks (Winstein CJ et al.).
- Activities such as sit to stand, stair climbing, directional walking, and load carrying provide both aerobic and functional demands (Ainsworth BE et al.).
- Evidence suggests improved functional capacity, endurance, motivation, and adherence with task-oriented programs.

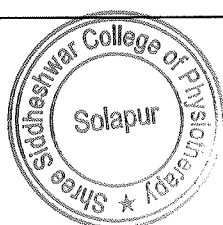
Need for the Study

- Sedentary adults show early cardio-respiratory deconditioning.
- Conventional aerobic exercises may improve fitness but often **fail to address** functional demands of daily activities and long-term adherence.
- Task-oriented cardio-respiratory conditioning involves **goal-directed functional activities** resembling daily tasks such as sit-to-stand, stair climbing, and directional walking. These activities provide adequate aerobic stimulus while enhancing functional capacity and coordination, and their context-specific nature may improve both cardiorespiratory endurance and exercise adherence.

- Evidence comparing task-oriented cardiorespiratory conditioning with conventional aerobic exercise in sedentary adults is limited, particularly for exercise adherence. This study compares task-oriented cardiorespiratory conditioning training and aerobic training on cardiorespiratory endurance and adherence to support the development of functional and sustainable physiotherapy-led exercise programs.

Research Question

- Does task-oriented cardio-respiratory conditioning training compared with aerobic training, lead to greater improvements in cardiorespiratory endurance and exercise adherence in sedentary adults?



[Handwritten Signature]
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