



Shri Siddheshwar Devasthan Solapur,

SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.

(Affiliated to MUHS, Nashik)

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Ref. No. :

**Report on Participation of Physiotherapists for Under-13 WIT Football
Tournament (Khelo India Program)**

Date: / / 20

Title: Participation of Physiotherapy Students as Sports Therapists in the Under-13 WIT Football Tournament under the *Khelo India* Program.

Date & Venue: The Under-13 WIT Football Tournament was held from 09/11/2025 at WIT Sports Ground, Solapur.

Organized by: All India football Federation & Western India Football Association, Maharashtra, in collaboration with the **Khelo India Program**, supported by the Department of Youth Affairs and Sports, Government of India.

Participation Details: A team of 3 physiotherapy students Shweta Gire, Rutika Kshirsagar, Mayuri Singam from Shree Siddheshwar College of Physiotherapy guided by Dr. Suresh Kumar (PT), Principal- Shree Siddheshwar College of Physiotherapy, actively took part in the event as **Sports therapists**.

Their key responsibilities included:

- Conducting **pre-match warm-up and stretching sessions** for teams.
- Providing **first aid, strapping, and taping** for musculoskeletal support.
- Managing **acute injuries** such as sprains, muscle cramps, and contusions during matches.
- Supervising **cool-down sessions** and demonstrating **recovery techniques** post-match.
- Educating players on **injury prevention, posture correction, and hydration importance**.

The event served as a valuable practical exposure for physiotherapy students. They gained experience in **immediate on-field decision-making** during injury situations, **Communication and teamwork** with coaches, athletes, and medical personnel.

Students also interacted with young athletes, enhancing their understanding of **paediatric sports physiology** and **age-specific injury management**.

The efforts of the physiotherapy team were well appreciated by the event organizers, coaches, and participants. Their presence ensured the tournament ran safely and smoothly with minimal sports injuries.


Principal 17/11/2025



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Sunday, 09/11/2025 11:39 AM GMT +05:30

GPS Map Camera