



Shri Siddheshwar Devasthan Solapur,

## **SHREE SIDDHESHWAR COLLEGE OF PHYSIOTHERAPY, SOLAPUR.**

(Affiliated to MUHS, Nashik)

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Ref. No. :

### Report on Participation of Physiotherapists for Under-13 WIT Football Tournament (Khelo India Program)

Date: 1/20

**Title:** Participation of Physiotherapy Students as Sports Therapists in the Under-13 WIT Football Tournament under the *Khelo India Program*.

**Date & Venue:** The Under-13 WIT Football Tournament was held from **09/11/2025** at WIT Sports Ground, Solapur.

**Organized by:** All India football Federation & Western India Football Association, Maharashtra, in collaboration with the **Khelo India Program**, supported by the Department of Youth Affairs and Sports, Government of India.

**Participation Details:** A team of 3 physiotherapy students Shweta Gire, Rutika Kshirsagar, Mayuri Singam from Shree Siddheshwar College of Physiotherapy guided by Dr. Suresh Kumar (PT), Principal- Shree Siddheshwar College of Physiotherapy, actively took part in the event as Sports therapists.

Their key responsibilities included:

- Conducting pre-match warm-up and stretching sessions for teams.
- Providing first aid, strapping, and taping for musculoskeletal support.
- Managing acute injuries such as sprains, muscle cramps, and contusions during matches.
- Supervising cool-down sessions and demonstrating recovery techniques post-match.
- Educating players on injury prevention, posture correction, and hydration importance.

The event served as a valuable practical exposure for physiotherapy students. They gained experience in immediate on-field decision-making during injury situations, Communication and teamwork with coaches, athletes, and medical personnel.

Students also interacted with young athletes, enhancing their understanding of paediatric sports physiology and age-specific injury management.

The efforts of the physiotherapy team were well appreciated by the event organizers, coaches, and participants. Their presence ensured the tournament ran safely and smoothly with minimal sports injuries.

  
R. D. K. A.  
T/F 11/2025  
Principal



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GPS Map Camera

Solapur, Maharashtra, India



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Lat 17.66971° Long 75.925777°  
Sunday, 09/11/2025 11:39 AM GMT +05:30